



Mint Chocolate Chip Protein Balls

Prep Time: 20 mins

Cook Time: 1-2 hours

Total Time: 1-2 hours and 20 mins

Servings: 6-7 servings (2 balls per serving)

Directions

1. In a medium bowl mix together all the ingredients.
2. Cover a baking sheet in parchment paper. Use your hands to form balls from the mixture, using about 2tbsp of "dough". Lay out the balls on the baking sheet.
3. Refrigerate for 2 hours while the balls firm up.
4. Remove from baking sheet and enjoy! You can store leftovers in the fridge for up to 2 weeks.

Ingredients

- 1 1/2 cup Oats
- 1/2 cup Peanut Butter
- 3 scoops Mint Chocolate Protein Powder OR 3 tbsp cocoa powder with 1 tsp min extract
- 1/4 cup Chia Seeds
- 2 tbsp Honey
- 1/4 cup Water
- 1/4 cup Dark Chocolate Chips (optional)